**Blue Poppy Formulas that Contain Animal Products**

(This does not include the "Originals" line because they are encapsulated in gelatin which is an animal product)

\*Note: the plants listed specifically are threatened species. Make sure to acquire them from sustainable sources.

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| **Questionable Products/ honey only**  Ba zhen Tang- honey? Mix fried gan cao- qi and blood xu  Ban Xia Xie Xin Tang- honey? Mix fried gan cao- acute nausea, vomiting, diarrhea  Bu Zhong Yi Qi Tang- honey? Mix fried gan cao  Dang Gui Yin Zi (dang gui drink)-Honey? external contraction of wind evils with concominant blood vacuity  Gan Mai Da Zao Tang (Licorice, wheat and red date decoction)- malnourishment of the heart spirit due to an underlying liver spleen disharmony\*\* mixed fried gan cao  Gui Pi wan- mix fried gan cao, ren shen, dragon eye flesh? Long yan rou  Gui Zhi Tang- mix fried gan cao- externally contracted wind cold  Huang Qi jian zhong Tang- (astragalus fortify the center decoction)- mix fried gan cao- warms and supplements the middle burner and relaxes spasms  Huo Xiang Zheng Qi San- (pogostemon correct the qi powder)- mix fried gan cao- summer heat dampness  Juan Bi Tang (alleviate impediment decoction)- honey fried huang qi and mix fried gan cao- wind damp impediment with concomitant qi and blood xu  Li Zhong Wan (rectify the center pill)- mix fried gan cao, ren shen- middle burner yang vacuity  Liu Jun Zi Tang (6 gentlemen decoction)- mix fried gan cao, ren shen- spleen vacuity with phlegm dampness  Ren Shen Yang Rong Tang (ginseng nourish the constructive decoction)- contains ren shen and mix dried gan cao- heart and spleen dual vacuity  Yu Ping Feng San (jade wind screen powder)- defensive qi vacuity. honey fried huang qi  Shao Yao Gan Cao Tang (peony and licorice)- liver blood vacuity  Shen ling bai zhu san (ginseng, poria and atractylodes powder)- mix fried gan cao, ren shen, contains yi yi ren (wheat)- spleen vacuity with dampness- diarrhea and loose stools  Sheng Hua Tang (Engendering and transforming decoction)- mix fried gan cao- blood stasis due to cold postpartum  Shi Qian Da bu tang (ten [ingredients] completely and greatly supplementing decoction)- mix fried gan cao- qi and blood vacuity  Si Jun Zi Tang (four gentlemen decoction)- mix fried gan cao- spleen qi vacuity  Si Ni San (four counterflows powder)- mix fried gan cao- liver spleen disharmony  Su Zi Jiang Tang (perilla seed downbear the qi decoction)- mix fried gan cao- phlegm dampness obstructing the lungs with kidney yang vacuity  Tian ma gou teng yin (gastrodia and uncaria beverage)- abalone shell, guo teng  Tong Qiao Huo Xue Tang (free the flow of the orifices and quicken the blood decoction)- contains "ren gong she xiang" She xiang is deer musk but I am not sure what ren gong she xiang is.- blood stasis in the head  Xiang Sha Liu Jin Zi Tang (Auklandia and amomum six gentlemen decoction) mix fried gan cao- spleen and stomach qi vacuity with dampness and cold stagnating in the middle burner  Xiao chai hu tang (minor bupleurum decoction)- mix fried gan cao- shao yang aspect of wind evil external contraction or a liver spleen stomach and or intestine disharmony  Xiao Feng San- wind heat and dampness depressed in the skin and settling in the vessels  Xiao yao san (rambling powder)- mix fried gan cao- liver depression spleen vacuty with blood vacuity and possible dampness  You Gui Yin (right restoring beverage) - mix fried gan cao-kidney yang vacuity  Yu Ping Feng San (Jade wind screen powder)- honey mix fried huang qi- defensive qi vacuity  Zuo Gui Yin (left restoring beverage)- mix fried gan cao, gou qi zi- kidney yin vacuity | **Products in which the animal was killed or tortured to make**  Bu Yang Huan Wu Tang (supplement yang and restore five [-tenths] decoction)- earth worm- qi xu and blood stasis  Chai hu mu lin long gu tang- (bupleurum, oyster shell and dragon bone decoction)- animal bones and oyster shell- liver spleen disharmony with depressive heat, phlegm dampness and disquieted heart spirit  Da Bu Yin Wan- (Greatly supplement yin pill)- turtle- yin vacuiy with vacuity heat/fire effulgence  Gu Jing Wan (Secure the menses pill)-turtle- heat entering the blood aspect causing it to move frenetically outside the vessels resulting in funcitonal uterine bleeding and chronic pelvic inflammatory disease  Hu Qian Wan (hidden tiger pill)- turtle- liver blood and kidney yin vacuity with vacuity heat or fire effulgence  Jiao Ai Tang (Gelatin and mugwort decoction)-donkey hide- penetrating and conception vessel damage and detrement with a tendency to cold  Qing Qi Hua Tan Tang (clear the qi and transform phlegm decoction)- Dan Nan Xing is processed with bile- acute and chronic bronchitis and pheumonia  Zhen Gan Xi Feng Tang (settle the liver and extinguish wind powder)- turtle, oyster shell, abalone shell  Shen tong zhu yu tang (generalized pain dispel stasis decoction)- earth worm- painful impediment due to blood stasis and qi stagnation caused by enduring wind damp evils  Wen Jing Tang- (warm the menses decoction) donkey hide- chong and ren vacuity cold with blockage and obstruction due to blood stasis.    Zhen Gan Xi Feng Tang (Settle the liver and extinguish wind decociton)- turtle and oyster shell- internal stirring of liver wind  Zuo Gui Wan (restore the left kidney pill)- Gui Ban Jiao- turtle-kidney yin vacuity with essence marrow depletion |
| **Cruelty Free Products**  Ba zheng san (8 Corrections powder)-urinary bladder damp heat  Bai Tou Weng Tang (pulsatilla decoction)- hot dysentery: inflammatory bowel diseases, conjunctivitis, pelvic inflammaotry disease, gonorrheal urethrritis, hemorrhoids  Ban Xia Bai Zhu Tian ma Tang-wind phlegm harrassing above- (contains tian ma)  Ban Xia Hou Po tang- Plum pit qi  Bao He Wan (protect harmony pill)- food stagnation  Bi Xie Fen Qing Yin (Dioscorea hypoglauca divide the clear drink)- for damp heat in the lower burner in general  Bu Fei Tang (supplement the lungs decoction)- lung qi xu  Cang Er Zi San (Xanthium Powder)- external contraction of wind evils with possible depressive heat  Chai Hu Shu Gan San (bupleurum course the liver powder)-liver depression qi stagnation with or with out blood vacuity  Chuan Xiong Cha Tiao San (Chuanxiong powder mixed with tea)- external contraction of wind evils resulting in upper respiratory tract infection, migraine headache, tension headache, neurogenic headache and acute and chornic rhinitis or sinusitis  Dan Shen Yin (Salvia Drink)- qi and blood stagnation/stasis- contains Tan xiang (sandalwood)  Dan Zhi Xiao yao san (Moutan and gardenia rambling powder)- liver spleen disharmony with depressive heat, especially depressive heat which has entered the blood aspect or division  Dang Gui Liu Huang Tang (Dang gui six yellows decoction)- yin vacuity with fire effulgence  Dang gui Shao yao san (Dang gui and peony powder)- liver spleen disharmony with obstrucgtion due to dampness and blood stasis  Ding Xian Wan- (stabilize epilepsy pill)- contains tian ma- wind and phlegm blocking and obstructing the clear orifices  Du Huo Ji Sheng Tang- (Angelica pubescens and taxillus decoction)- contains ren shen- eduring wind damp cold impediment complicated by liver kidney dual vacuity and qi and blood insufficiency.  Er Chen Tang- (two aged [ingredient] decotion)- phlegm dampness-  Er xian tang- (two immortals decoction)- liver blood kidney yin and yang vacuity with vacuity heat  Er Zhi Wan (two ultimates pill)- liver blood and kidney yin vacuity  Gan Lu Yin (sweet dew drink)- yin vacuity with liver depression and damp heat  Gan Mai Da Zao Tang (Licorice, wheat and red date decoction)- malnourishment of the heart spirit due to an underlying liver spleen disharmony\*\* mixed fried gan cao  Ge Xia Zhu Yu Tang (below the diaphragm dispel stasis decoction)- qi stagnation and blood stasis primarily below the diaphragm  Gui zhi Fu Ling Wan (Cinnamon twig and poria pill)- uterine blood stasis  Huai Hua San (sophora japonica flower powder)- stomach and intestinal damp heat  Huang Lian Jie Du Tang (Coptis resolve toxins decoction)- fire toxins  Jin Gui Shen Qi Wan- (golden cabinet kidney qi pill)warms and supplements kidney yang  Jing Fang Bai Du San (schizonepeta and saposhnikovia vanquish toxins powder)- external contraction of wind cold damp  Liu Wei Di huang wan (6 flavors rehmannia pills)- liver blood kidney yin vacuity  Long Dan xie Gan Tang (Gentiana dran the liver decoction)- liver gallbladder replete heat harassing above  Ma Zi Ren Wan (Cannabis seed pill)- moisten the intestines and drain heat, move the qi and free the flow of the stools  Mai Men Dong Tang (Ophiopogon decoction)- lung yin vacuity; stomach yin vacuity. \*Contains ren shen  Mai Wei Di Huang Wan (Ophiopogon and Schisandra rehmannia pill)- lung and kidney yin vacuity  Ping Wei San (level the stomach powder)- damp stagnation of the spleen and stomach | Pu Ji Xiao Du Yin (Universal benefit disperse toxins drink)- seasonal epidemic toxins associated with wind heat and damp toxins  Qi Ju Di Huang Wan (lycium and Chrysanthemum rehmannia pills)- liver and kidney yin vacuity with possible heat- \*Contains Gou qi zi  Qing Fei Tang (Clear the lungs decoction)- enduring phlegm heat damaging lung yin.  Qing qi hua tan tang-(clear the qi and transform phlegm decoction)- phlegm heat in the lungs  Run Chang Wan- (moisten the intestines pills)- intestinal dryness  San Mao San (Three wonders powder)- damp heat in lower burner  San Ren Tang (three kernels decoction)- summer heat warmth in the qi aspect. \*contains yi yi ren (wheat)  Sang Ju Yin (mulberry and chrysanthemum drink)- external contraction of wind, heat, dryness  Sha shen mai men dong tang (Glehnia and Ophiopogon decoction)- lung stomach fluid dryness  Shao Fu Zhu Yu tang (lower abdomen dispel stasis decotion)- lower abdominal blood stasis  Sheng mai san (engender the pulse powder)-qi and yin vacuity primarily of the lungs  Shu Gan Tang (course the liver decoction)- qi stagnation and blood stasis with stasis heat  Si Shen Wan (four spirits pill)- spleen and kidney dual vacuity  Si Wu Tang (four materials decoction)- blood vacuity  Suan Zao Ren Tang (pogostemon correct the qi powder)- blood vacuity failing to construct and nourish the heart spirit and depressive heat harassing above  Tao Hong Si Wu Tang (persica and carthamus four materials decoction)- blood stasis  Tian Wang Bu Xin Dan (heavenly emperor supplement the heart elixir)- heart qi and yin vacuity. \*contains ren shen and tian men dong?  Wan Dai Tang (end vaginal discharge decoction)- liver spleen disharmony with dampness seeping downward. Contains Ren shen.  Wen Dan Tang (warm the gallbladder decoction)- liver stomach disharmony complicated by marked phlegm and an element of depressive heat.  Wen Qing Yin (warm and clear beverage)- depressive heat in the blood aspect with heat damaging yin-blood.  Wu Ling San (five ingredients poria powder)- exterior pattern with interior stoppage of water dampness, water dampness collected internally, phlegm rheum  Wu Mei Wan (mume pill)- hot and cold vacuity (spleen) and repletion (heat and obstruction due to cold)  Wu Wei Xiao Du yin (five flavors disperse toxins drink)- fire toxins  Xing Su San (armeniaca and perilla powder)- externally contracted coolness and dryness  Xue Fu Zhu Yu Tang (blood mansion dispel stasis)- blood stasis resulting in chest oppression  Yi Gan San (restrain the liver powder)- liver spleen disharmony with stirring wind and or heat harassing the heart above. Contains Gou teng.  Yi Guan Jian (one link decoction)- liver blood kidney yin vacuity with liver depression qi stagnation. Contains gou qi zi.  Yin Qiao San (lonicera and forsythia powder)- external contraction of wind heat  You Gui Wan (restore the right kidney pill)- kidney yang vacutiy. Contains Gou qi zi.  Zhi Bai Di huang wan (anemarrhena and phellodendron rehmannia pills- kidney yin vacuity with internal heat  Zhi Sou San (stop coughing powder)- external contraction of wind cold fettering the lungs |

**Externals**

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| Cruelty Free Externals | Beeswax Only Externals | Externals that contain insects |
| Chinese herbal sports massage oil- moves qi and blood and dispels stasis and stops pain  Dr. Bobs Medicated Oil- Po som on- pain relief  Yin Nourishing oil- dry vagina due to liver blood kidney yin xu  Spirit quieting massage oil- courses the liver and resolves depression and quiets the heart and calms the spirit. Can be used as a bath oil as well.  Liniments:  Acne tincture  Dragons blood liniment- blood stasis due to recent traumatic injury when there is pronounced pain and swelling and bruising  Green willow- bi syndrome of the joints, sinews and bones due to wind damp cold possibly complicated by blood stasis but no heat. Rheumatic complaints and old non healing closed traumatic injuries with no further swelling redness or heat  Liquid moxa  Psoriasis tincture- kills parasites and stops itching wind damp heat psoriasis  Shaolin De Da Jow- closed traumatic injury characterized by pain and swelling but little or no bruising  Personal Care Products:  Chinese herbal shampoo  Chinese herbal lip balm | Antifungal Ointment- beeswax- clear heat resolves toxins, disperses inflammation and stops itching  Burn ointment- beeswax  Chapped nipple ointment- beeswax  Clear heat ointment- beeswax- minor infections carbuncles  cut and sore ointment- beeswax  Eczema ointment- beeswax  hemorrhoid ointment- beeswax  Herpes zoster ointment- beeswax  Jade dew ointment- beeswax- relief of pain swelling and redness associated with herpes simplex outbreaks (cold sores).  Mastitis ointment- beeswax  Pain stick- beeswax- po som on in stick form  Psoria quell- beeswax- dry scaly psoriasis with red lesions  Personal care products:  Peppermint flavored Chinese herbal lip balm- beeswax  Chinese herbal night crème- beeswax- moistens and sooths the skin of the face and body | Sprain ointment- earth worm and beeswax- use within 48 hours after sprain for three days of continuous treatment. Requires gauze or cloth dressing. |

**Cruelty Free List**

Classics line

Ba zheng san (8 Corrections powder)-urinary bladder damp heat

Bai Tou Weng Tang (pulsatilla decoction)- hot dysentery: inflammatory bowel diseases, conjunctivitis, pelvic inflammaotry disease, gonorrheal urethrritis, hemorrhoids

Ban Xia Bai Zhu Tian ma Tang-wind phlegm harrassing above- (contains tian ma)

Ban Xia Hou Po tang- Plum pit qi

Bao He Wan (protect harmony pill)- food stagnation

Bi Xie Fen Qing Yin (Dioscorea hypoglauca divide the clear drink)- for damp heat in the lower burner in general

Bu Fei Tang (supplement the lungs decoction)- lung qi xu

Cang Er Zi San (Xanthium Powder)- external contraction of wind evils with possible depressive heat

Chai Hu Shu Gan San (bupleurum course the liver powder)-liver depression qi stagnation with or with out blood vacuity

Chuan Xiong Cha Tiao San (Chuanxiong powder mixed with tea)- external contraction of wind evils resulting in upper respiratory tract infection, migraine headache, tension headache, neurogenic headache and acute and chornic rhinitis or sinusitis

Dan Shen Yin (Salvia Drink)- qi and blood stagnation/stasis- contains Tan xiang (sandalwood)

Dan Zhi Xiao yao san (Moutan and gardenia rambling powder)- liver spleen disharmony with depressive heat, especially depressive heat which has entered the blood aspect or division

Dang Gui Liu Huang Tang (Dang gui six yellows decoction)- yin vacuity with fire effulgence

Dang gui Shao yao san (Dang gui and peony powder)- liver spleen disharmony with obstrucgtion due to dampness and blood stasis

Ding Xian Wan- (stabilize epilepsy pill)- contains tian ma- wind and phlegm blocking and obstructing the clear orifices

Du Huo Ji Sheng Tang- (Angelica pubescens and taxillus decoction)- contains ren shen- eduring wind damp cold impediment complicated by liver kidney dual vacuity and qi and blood insufficiency.

Er Chen Tang- (two aged [ingredient] decotion)- phlegm dampness-

Er xian tang- (two immortals decoction)- liver blood kidney yin and yang vacuity with vacuity heat

Er Zhi Wan (two ultimates pill)- liver blood and kidney yin vacuity

Gan Lu Yin (sweet dew drink)- yin vacuity with liver depression and damp heat

Gan Mai Da Zao Tang (Licorice, wheat and red date decoction)- malnourishment of the heart spirit due to an underlying liver spleen disharmony\*\* mixed fried gan cao

Ge Xia Zhu Yu Tang (below the diaphragm dispel stasis decoction)- qi stagnation and blood stasis primarily below the diaphragm

Gui zhi Fu Ling Wan (Cinnamon twig and poria pill)- uterine blood stasis

Huai Hua San (sophora japonica flower powder)- stomach and intestinal damp heat

Huang Lian Jie Du Tang (Coptis resolve toxins decoction)- fire toxins

Jin Gui Shen Qi Wan- (golden cabinet kidney qi pill)warms and supplements kidney yang

Jing Fang Bai Du San (schizonepeta and saposhnikovia vanquish toxins powder)- external contraction of wind cold damp

Liu Wei Di huang wan (6 flavors rehmannia pills)- liver blood kidney yin vacuity

Long Dan xie Gan Tang (Gentiana dran the liver decoction)- liver gallbladder replete heat harassing above

Ma Zi Ren Wan (Cannabis seed pill)- moisten the intestines and drain heat, move the qi and free the flow of the stools

Mai Men Dong Tang (Ophiopogon decoction)- lung yin vacuity; stomach yin vacuity. \*Contains ren shen

Mai Wei Di Huang Wan (Ophiopogon and Schisandra rehmannia pill)- lung and kidney yin vacuity

Ping Wei San (level the stomach powder)- damp stagnation of the spleen and stomach

Pu Ji Xiao Du Yin (Universal benefit disperse toxins drink)- seasonal epidemic toxins associated with wind heat and damp toxins

Qi Ju Di Huang Wan (lycium and Chrysanthemum rehmannia pills)- liver and kidney yin vacuity with possible heat- \*Contains Gou qi zi

Qing Fei Tang (Clear the lungs decoction)- enduring phlegm heat damaging lung yin.

Qing qi hua tan tang-(clear the qi and transform phlegm decoction)- phlegm heat in the lungs

Run Chang Wan- (moisten the intestines pills)- intestinal dryness

San Mao San (Three wonders powder)- damp heat in lower burner

San Ren Tang (three kernels decoction)- summer heat warmth in the qi aspect. \*contains yi yi ren (wheat)

Sang Ju Yin (mulberry and chrysanthemum drink)- external contraction of wind, heat, dryness

Sha shen mai men dong tang (Glehnia and Ophiopogon decoction)- lung stomach fluid dryness

Shao Fu Zhu Yu tang (lower abdomen dispel stasis decotion)- lower abdominal blood stasis

Sheng mai san (engender the pulse powder)-qi and yin vacuity primarily of the lungs

Shu Gan Tang (course the liver decoction)- qi stagnation and blood stasis with stasis heat

Si Shen Wan (four spirits pill)- spleen and kidney dual vacuity

Si Wu Tang (four materials decoction)- blood vacuity

Suan Zao Ren Tang (pogostemon correct the qi powder)- blood vacuity failing to construct and nourish the heart spirit and depressive heat harassing above

Tao Hong Si Wu Tang (persica and carthamus four materials decoction)- blood stasis

Tian Wang Bu Xin Dan (heavenly emperor supplement the heart elixir)- heart qi and yin vacuity. \*contains ren shen and tian men dong?

Wan Dai Tang (end vaginal discharge decoction)- liver spleen disharmony with dampness seeping downward. Contains Ren shen.

Wen Dan Tang (warm the gallbladder decoction)- liver stomach disharmony complicated by marked phlegm and an element of depressive heat.

Wen Qing Yin (warm and clear beverage)- depressive heat in the blood aspect with heat damaging yin-blood.

Wu Ling San (five ingredients poria powder)- exterior pattern with interior stoppage of water dampness, water dampness collected internally, phlegm rheum

Wu Mei Wan (mume pill)- hot and cold vacuity (spleen) and repletion (heat and obstruction due to cold)

Wu Wei Xiao Du yin (five flavors disperse toxins drink)- fire toxins

Xing Su San (armeniaca and perilla powder)- externally contracted coolness and dryness

Xue Fu Zhu Yu Tang (blood mansion dispel stasis)- blood stasis resulting in chest oppression

Yi Gan San (restrain the liver powder)- liver spleen disharmony with stirring wind and or heat harassing the heart above. Contains Gou teng.

Yi Guan Jian (one link decoction)- liver blood kidney yin vacuity with liver depression qi stagnation. Contains gou qi zi.

Yin Qiao San (lonicera and forsythia powder)- external contraction of wind heat

You Gui Wan (restore the right kidney pill)- kidney yang vacutiy. Contains Gou qi zi.

Zhi Bai Di huang wan (anemarrhena and phellodendron rehmannia pills- kidney yin vacuity with internal heat

Zhi Sou San (stop coughing powder)- external contraction of wind cold fettering the lungs

Externals:

Chinese herbal sports massage oil- moves qi and blood and dispels stasis and stops pain

Dr. Bobs Medicated Oil- Po som on- pain relief

Yin Nourishing oil- dry vagina due to liver blood kidney yin xu

Spirit quieting massage oil- courses the liver and resolves depression and quiets the heart and calms the spirit. Can be used as a bath oil as well.

Linaments:

Acne tincture

Dragons blood liniment- blood stasis due to recent traumatic injury when there is pronounced pain ans swelling and bruising

Green willow- bi syndrome of the joints, sinews and bones due to wind damp cold possibly complicated by blood stasis but no heat. Rheumatic complaints and old non healing closed traumatic injuries with no further swelling redness or heat

Liquid moxa

Psoriasis tincture- kills parasites and stops itching wind damp heat psorisis

Shaolin De Da Jow- closed truamatic injury characterized by pain and swelling but little or no bruising

Personal Care Products:

chinese herbal shampoo

Chinese herbal lip balm

**Contains animal products**

Bu Yang Huan Wu Tang (supplement yang and restore five [-tenths] decoction)- earth worm- qi xu and blood stasisChai hu mu lin long gu tang- (bupleurum, oyster shell and dragon bone decoction)- animal bones and oyster shell- liver spleen disharmony with depressive heat, phlegm dampness and disquieted heart spirit

Da Bu Yin Wan- (Greatly supplement yin pill)- turtle- yin vacuiy with vacuity heat/fire effulgence

Gu Jing Wan (Secure the menses pill)-turtle- heat entering the blood aspect causing it to move frenetically outside the vessels resulting in funcitonal uterine bleeding and chronic pelvic inflammatory disease

Hu Qian Wan (hidden tiger pill)- turtle- liver blood and kidney yin vacuity with vacuity heat or fire effulgence

Jiao Ai Tang (Gelatin and mugwort decoction)-donkey hide- penetrating and conception vessel damage and detrement with a tendency to cold

Juan Bi Tang (alleviate impediment decoction)- honey fried huang qi and mix fried gan cao- wind damp impediment with concomitant qi and blood xu

Qing Qi Hua Tan Tang (clear the qi and transform phlegm decoction)- Dan Nan Xing is processed with bile- acute and chronic bronchitis and pheumonia

Zhen Gan Xi Feng Tang (settle the liver and extinguish wind powder)- turtle, oyster shell, abalone shell

Shen tong zhu yu tang (generalized pain dispel stasis decoction)- earth worm- painful impediment due to blood stasis and qi stagnation caused by enduring wind damp evils

Wen Jing Tang- (warm the menses decoction) donkey hide- chong and ren vacuity cold with blockage and obstruction due to blood stasis.

Zhen Gan Xi Feng Tang (Settle the liver and extinguish wind decociton)- turtle and oyster shell- internal stirring of liver wind

Zuo Gui Wan (restore the left kidney pill)- Gui Ban Jiao- turtle-kidney yin vacuity with essence marrow depletion

Externals:

Sprain ointment- beeswax, earth worm- use within 48 hours after sprain for three days of continuous treatment. Requires gauze or cloth dressing.

**Questionable Products/ honey only**

Ba zhen Tang- honey? Mix fried gan cao- qi and blood xu

Ban Xia Xie Xin Tang- honey? Mix fried gan cao- acute nausea, vomiting, diarrhea

Bu Zhong Yi Qi Tang- honey? Mix fried gan cao

Dang Gui Yin Zi (dang gui drink)-Honey? external contraction of wind evils with concominant blood vacuity

Gan Mai Da Zao Tang (Licorice, wheat and red date decoction)- malnourishment of the heart spirit due to an underlying liver spleen disharmony\*\* mixed fried gan cao

Gui Pi wan- mix fried gan cao, ren shen, dragon eye flesh? Long yan rou

Gui Zhi Tang- mix fried gan cao- externally contracted wind cold

Huang Qi jian zhong Tang- (astragalus fortify the center decoction)- mix fried gan cao- warms and supplements the middle burner and relaxes spasms

Huo Xiang Zheng Qi San- (pogostemon correct the qi powder)- mix fried gan cao- summer heat dampness

Li Zhong Wan (rectify the center pill)- mix fried gan cao, ren shen- middle burner yang vacuity

Liu Jun Zi Tang (6 gentlemen decoction)- mix fried gan cao, ren shen- spleen vacuity with phlegm dampness

Ren Shen Yang Rong Tang (ginseng nourish the constructive decoction)- contains ren shen and mix dried gan cao- heart and spleen dual vacuity

Yu Ping Feng San (jade wind screen powder)- defensive qi vacuity. honey fried huang qi

Shao Yao Gan Cao Tang (peony and licorice)- liver blood vacuity

Shen ling bai zhu san (ginseng, poria and atractylodes powder)- mix fried gan cao, ren shen, contains yi yi ren (wheat)- spleen vacuity with dampness- diarrhea and loose stools

Sheng Hua Tang (Engendering and transforming decoction)- mix fried gan cao- blood stasis due to cold postpartum

Shi Qian Da bu tang (ten [ingredients] completely and greatly supplementing decoction)- mix fried gan cao- qi and blood vacuity

Si Jun Zi Tang (four gentlemen decoction)- mix fried gan cao- spleen qi vacuity

Si Ni San (four counterflows powder)- mix fried gan cao- liver spleen disharmony

Su Zi Jiang Tang (perilla seed downbear the qi decoction)- mix fried gan cao- phlegm dampness obstructing the lungs with kidney yang vacuity

Tian ma gou teng yin (gastrodia and uncaria beverage)- abalone shell, guo teng

Tong Qiao Huo Xue Tang (free the flow of the orifices and quicken the blood decoction)- contains "ren gong she xiang" She xiang is deer musk but I am not sure what ren gong she xiang is.- blood stasis in the head

Xiang Sha Liu Jin Zi Tang (Auklandia and amomum six gentlemen decoction) mix fried gan cao- spleen and stomach qi vacuity with dampness and cold stagnating in the middle burner

Xiao chai hu tang (minor bupleurum decoction)- mix fried gan cao- shao yang aspect of wind evil external contraction or a liver spleen stomach and or intestine disharmony

Xiao Feng San- wind heat and dampness depressed in the skin and settling in the vessels

Xiao yao san (rambling powder)- mix fried gan cao- liver depression spleen vacuty with blood vacuity and possible dampness

You Gui Yin (right restoring beverage) - mix fried gan cao-kidney yang vacuity

Yu Ping Feng San (Jade wind screen powder)- honey mix fried huang qi- defensive qi vacuity

Zuo Gui Yin (left restoring beverage)- mix fried gan cao, gou qi zi- kidney yin vacuity

Externals:

Antifungal Ointment- beeswax- clear heat resolves toxins, disperses inflammation and stops itching

Burn ointment- beeswax

Chapped nipple ointment- beeswax

Clear heat ointment- beeswax- minor infections carbuncles

cut and sore ointment- beeswax

Eczema ointment- beeswax

hemorrhoid ointment- beeswax

Herpes zoster ointment- beeswax

Jade dew ointment- beeswax- relief of pain swelling and redness associated with herpes simplex outbreaks (cold sores).

Mastitis ointment- beeswax

Pain stick- beeswax- po som on in stick form

Psoria quell- beeswax- dry scaly psoriasis with red lesions

Personal care products:

Peppermint flavored chinese herbal lip balm- beeswax

Chinese herbal night creme- beeswax- moistens and sooths the skin of the face and body